



The way we
talk to our
children
becomes their
inner voice.

PEGGY O'MARA



The Parenting Course

- *No role we undertake is more important than parenting*
- *Discovering that we are not alone in the challenges we face and picking up ideas from other parents can make a huge difference*
- *Children do not arrive with an instruction manual*

Join us at St Martin's Bergvliet for this fun and practical 5 week course starting on 4 July 2015 from 12h00-15h00. This course is for parents, step-parents, prospective parents, or carers of children between the ages 0-10. The cost is R100, to cover course material and refreshments.

**Contact: Michelle Johns on 021 715 5695/071
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**parenting
children
course**



Is it time to
invest in your
family?